



As a native Floridian, volleyball was a natural first love. I began playing on the sugar white beaches of Pensacola and earned 4 varsity letters in high school volleyball. Our district and regional championship team from West Florida repeatedly battled South Florida/Dade County for the Florida High School State Championship. I continued playing in college as outside Hitter and earned a B.S. in Physical Education at Florida State University where I was also a member and officer of Phi Epsilon Kappa – PE/athletic honors society. Sadly, in my last collegian year I was sidelined with a basketball related knee injury. However, I was still able to fulfill my dream of training as a volleyball coach under FSU head coach Cecilia Renal.

I am a teacher by nature with a desire to see young people grow, learn, and reach their maximum potential. My goal for excellence in education led me down an unexpected and the less traveled path of home schooling our five children. Our oldest child entered her freshman year of college as a Classics Studies/Latin and dual English major at age 15. Teaching and encouraging maximum potential carries over to my favorite sport of all time –volleyball.

My passion and aim is to train proficiency in the fundamentals, individual confidence, and team spirit. I enjoy the process of breaking down each skill into manageable teaching components and then progressing into the athlete's ability to understand and execute each skill with proper form and fluidity. I am a systematic and enthusiastic fundamentals coach.

During my 30-plus years, I have had the privilege of sharing my passion for the game as I have coached ages as young as 10 years old to senior level volleyball. After many years of coaching experience at the high school and middle school levels in Florida, my husband, and five children (just one short of our own team) moved to Nashville where I have coached various private schools, as well as was invited to coach with Select Volleyball Club, and have been coaching with Alliance Volleyball Club since its inaugural year.

Most recently, after playing in, and winning the Tennessee State Championship our seniors' team had great fun representing Tennessee in Volleyball for the 2013 Senior Olympics.